

## HEALTH AND WELLNESS COMMITTEE OF THE COA

### Meeting Notes

April 2, 2013 9am-10:45am

**In Attendance:** Beth Shapiro, Shawn Brennan, Tammy Duell, Judy Levy, Myrna Cooperstein, Revathi Vikram, Marcia Pruzan, Sarah Gotbaum, Pazit Aviv and Joe Petrizzo

Topic	Discussion Points	Decisions/follow-up
<i>Reports/Updates</i>	<p>a. Healthy Montgomery (Tammy)</p> <p>b. Commission on Health ( Marcia)</p> <p>c. Alzheimer's Disease/Cognitive Impairment Discussion – Joint issue with AIP Committee</p>	<p>No new updates</p> <p>Marcia Pruzan gave an update on COH (Commission on Health) – 3 goals:</p> <ol style="list-style-type: none"><li>1) Access to Healthcare</li><li>2) Data</li><li>3) Prevention</li></ol> <p>Affordable Health Care Act – questions?</p> <ul style="list-style-type: none"><li>~Issues re: Available providers</li><li>~Access problems</li><li>~lack of providers</li><li>~immigrant population – elderly – some have no Medicare</li></ul> <p>Aging in Place Com. spoke of</p> <ul style="list-style-type: none"><li>~ need for more info –</li><li>~ NIH has handouts for people when they go to see their primary care physician.</li><li>~ Will talk with AIP Com.</li></ul>

	<p>d. Summer Study Discussion</p> <p>Possible Topics</p> <ul style="list-style-type: none"> <li>• Recreation Department Programming</li> <li>• Caregiver support</li> <li>• Fire Safety</li> <li>• Alzheimer's Disease</li> <li>• Others?</li> </ul> <p>e. Behavioral Health: Senior Outreach Team (SORT) -</p>	<p>The State has a plan regarding Alzheimer's – what is it? Suggestion to look at this topic as “Cognitive Decline” (less stigmatic). Discussion to perhaps combine topics to look at safety in general to look at:</p> <ul style="list-style-type: none"> <li>Fire Safety</li> <li>Mental Decline &amp; Falls</li> <li>Care Givers</li> </ul> <p>Look at the ethical issues around aging???</p> <p>Sybil Greenhut, Montgomery County Program Manager presented information on “SORT.” Distributed were:</p> <p>Handouts on Senior Services FY12 Annual Report; Senior Mental Health Monthly Statistics Flow sheet; and pamphlet on Mental Health Services for Seniors and People with Disabilities.</p>
Next Meeting:	<p>Tuesday, May 7, 2013</p> <p>9:00 a.m.-10:30 a.m.</p>	<p><i>401 Hungerford Drive</i></p> <p><i>7<sup>th</sup> Floor Conference Room</i></p> <p><i>Rockville, Maryland</i></p>